

 

**Workshop**

**Self-care in chronic illnesses: third international meeting**

**(Preliminary program)**

**10 June 2020**

*Aims of the workshop*

1. To share current knowledge on self-care in chronic conditions in an international perspective;
2. To define future research projects on self-care

*Workshop venue*

University of Rome “Tor Vergata, Rome, Italy; Faculty of Medicine, Via Montpellier, 1, Room Fleming.

*Participants*

The workshop is open to people who are interested in self-care research and PhD students in particular.

*Languages*: Italian and English

9:00 – 9:30 Introduction to the workshop and greetings from The Rector of the University of Rome Tor Vergata, the Dean of the Faculty of Medicine, the President of the Nursing Board and the Director of the Center of Excellence for Nursing scholarship.

*Session I International perspectives on self-care*

Chairs: Rosaria Alvaro, Ercole Vellone

9:30 – 10:50 The Middle Range Theory of Self-Care in Chronic Illnesses: news and updates

Barbara Riegel, PhD, RN, FAAN, FAHA

9:50 – 10:10 How symptoms influence self-care in chronic conditions

Christopher S. Lee, PhD, RN, FAHA, FAAN, FHFSA

10:10- 10:30 Self-care: a dyadic phenomenon

Karen Lyons, PhD, FGSA

10:30 – 10:45 Discussion with participants

10:45 – 11:00 Coffee break

*Session II Italian research projects on self-care*

Chairs: Maria Matarese, Davide Ausili

11:00 – 11:15 Self-care in persons with multiple chronic conditions

Maddalena De Maria

11:15 – 11:30 Self-care in persons with COPD

Marco Clari, PhD

11:30 – 11:45 Self-care in persons with diabetes

Michela Luciani, PhD

11:45 – 12:00 Self-care in persons with stoma

Giulia Villa, PhD

12:00 – 12:15 Self-care in persons with motoneuron diseases

Barbara Bassola, PhD

12:15 – 12:30 Self-care in persons treated with oral chemotherapy

Marco Di Nitto, MSN

12:30 – 12:45 Self-care and role of informal caregivers

Angela Durante

12:45 – 13:00 Self-care in persons with spinal cord injury

Alessio Conti

13:00 – 14:00 Lunch

*Session III Future developments on self-care research*

Chairs: Rosaria Alvaro, Ercole Vellone, Maria Matarese, Davide Ausili, Barbara Riegel, Christopher S. Lee, Karen Lyons.

14:00 – 17:00 Workgroups with participants to define future studies on self-care

**Contact: People who are interested to attend this workshop should contact**

**Prof. Ercole Vellone, ercole.vellone@uniroma2.it**